**FUTURE ENERGY SYSTEMS STORYTIME**

**BECAUSE OF AN ACORN**

**GRADE 4 TO 6**

In this book, we saw how everything is connected and how little things can become big. Now it’s your turn to try little things to reduce your energy use. Select three from the list:

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| 1. Turn off lights when you leave a room
2. Turn off appliances when not used
3. Take shorter showers
4. Open and close blinds seasonally
5. Close curtains at night to reduce heat loss
6. Recycle
7. Put your computer to sleep rather than have a screen saver
 | 1. Use natural light rather than lamps during the day
2. Turn off water when brushing teeth
3. Take the stairs rather than elevator when possible
4. Walk to school or the store
5. Use reusable containers for your lunch
6. Eat less meat
7. Make your own suggestion
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Now pick two to do with your parents or guardians.

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| 1. Hang dry clothes than use dryer
2. Turn down heat in winter and turn down AC in summer
3. Use a fan rather than AC
4. Replace incandescent light bulbs with more energy efficient bulbs
5. Use less hot water
6. Weatherproof your house
7. Open and close blinds seasonally
8. Avoid opening the oven door when cooking
9. Wash clothes in cold water
 | 1. Take public transit
2. Carpool
3. Plant a shade tree
4. Use houseplants to naturally filter and freshen air
5. Install a rain barrel
6. Compost your waste
7. Use cloth bag when shopping
8. Reduce food waste
9. Grow vegetables in your garden
10. Leave grass clippings on lawn
11. Make your own suggestion
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What did you like? What was hard? What would you recommend to your family and friends?